

# Adult Health History - Medical



Patient \_\_\_\_\_ Date of Birth \_\_\_\_\_

What is the reason for today's visit? \_\_\_\_\_

## Medications

Drug Name	Strength or dose	How many times a day?

## Allergies

Name of medication or trigger	What happens when you take it? (rash, vomiting, weakness, etc.)

## Family History

Circle 'No' if none of the family members listed has had the medical condition listed. Circle 'Yes' if a family member has had a condition listed below and circle the family member(s) that have had the problem

Born with heart problem	Yes or No	Mother	Father	Brother	Sister	Child
Diabetes	Yes or No	Mother	Father	Brother	Sister	Child
Heart attacks	Yes or No	Mother	Father	Brother	Sister	Child
Heart operations	Yes or No	Mother	Father	Brother	Sister	Child
High blood pressure	Yes or No	Mother	Father	Brother	Sister	Child
High cholesterol	Yes or No	Mother	Father	Brother	Sister	Child
Stroke	Yes or No	Mother	Father	Brother	Sister	Child
Other:		Mother	Father	Brother	Sister	Child
Other:		Mother	Father	Brother	Sister	Child
Other:		Mother	Father	Brother	Sister	Child

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### Social History:

- Do you use tobacco products?  Yes  No  
 If yes, circle the type used: cigarettes, cigars, smokeless, e-cigarettes
- Do you use illegal drugs?  Yes  No
- Do you drink alcohol?  Yes  No
- Are you employed?  Yes  No
- Do you exercise at least 5 times a week?  Yes  No

### Health problems-circle the problems that you have or have had in the past:

- |                                   |                                |
|-----------------------------------|--------------------------------|
| Artificial Heart Valves           | Hepatitis A, B, C              |
| Anemia                            | High blood pressure            |
| Arthritis                         | Kidney problems                |
| AIDS/HIV                          | Liver Disease                  |
| Asthma                            | Neurologic problems            |
| Autoimmune disease                | Pacemaker or Defibrillator     |
| Mental Health problems            | Rheumatoid arthritis           |
| Blood transfusion (Date: _____ )  | Sexually transmitted diseases  |
| Cancer: Radiation or Chemotherapy | Stroke                         |
| Chronic pain (location: _____)    | Thin bones/other bone problems |
| Diabetes                          | Tuberculosis (TB)              |
| Emphysema or COPD:                | Thyroid problems               |
| Epilepsy or seizures              | Ulcers                         |
| Heart Disease                     |                                |
| Heart Infection                   |                                |

### Hospitalizations

- Have you ever been hospitalized in the last 5 years?  Yes  No
- If yes, please list reasons for any hospitalizations and the date(s)

\_\_\_\_\_ / / \_\_\_\_\_ / / \_\_\_\_\_

\_\_\_\_\_ / / \_\_\_\_\_ / / \_\_\_\_\_

### Surgeries

- Have you ever had a surgery?  Yes  No      Have you had a joint replacement?  Yes  No
- If yes, please list any surgeries you have had and the date(s)

\_\_\_\_\_ / / \_\_\_\_\_ / / \_\_\_\_\_

\_\_\_\_\_ / / \_\_\_\_\_ / / \_\_\_\_\_

### Females (List the dates) Are you currently pregnant? Yes No

Last menstrual period? \_\_\_/\_\_\_/\_\_\_      Last pap smear? \_\_\_/\_\_\_/\_\_\_      Last mammogram? \_\_\_/\_\_\_/\_\_\_